



# Keep The Doctor Away

## Appreciate Good Health Every Day

### Feature

#### Body Sculpting: Tried and Tested

Looking to lift and tone your body with a brand new sculpting regime? Don't flash your plastic before you read our tried and tested reviews of some of the hottest new treatments around.

#### The Product

The Regen treatment.

#### The Promise

A brand spanking new revolutionary treatment for anti ageing, sagging skin and cellulite, the Regen treatment uses Tri Polar technology to sculpt, tighten and lift several areas of the body including the face, neck, jowls, bingo wings, stomach, thighs and bottom. It works by focusing radio frequency energy directly at fatty tissue deep in the skin, contracting collagen fibres for lift, plus heating and breaking down fat cells – no surgery necessary.



#### The Verdict

My therapist, massaged the treatment area (in my case, my butt) in slow circular movements, using what looks like a large brush, but with three metal prongs instead of bristles. The applicator heats up quite hot with radio frequency, and I could actually feel it penetrating my fat cells. It may sound like a medieval torture device, but it's actually like a warm, rhythmical massage and it really works. Sceptical? Ask your therapist to let you compare your butt cheeks in the mirror after she's done one side – you'll notice it's much perkier and firmer than the other! Even though the results are instant though, you'll need a course of eight treatments for permanent results, plus occasional upkeep.

#### The Details

One 30-45 minute session costs £100, or for the larger thigh area £125 for 45-60 minutes.

Contact [www.tripollar.com](http://www.tripollar.com), 020 7226 6560 for your nearest salon.