

## Get rid of your new mum tum

**Having trouble losing that saggy post-pregnancy look? Here's a body treatment that could help.**

So you love your new baby - but hate your new mum tum.

Many women find it impossible to lose the flabby, crepey look of stretched skin even after a weight loss regime that sees you back to your pre-pregnancy weight.

If it really bothers you that your crop-top days appear to be over, drastic action is called for.

One new way of getting your smooth curves back is to try a Regen post-pregnancy treatment. It's a non-invasive way of zapping the deep-down flabby tissue and toning up your skin.

Regen is suitable for anyone who has had a baby in the last couple of years and is still trying to shift their mummy tummy. But you can't use it if you are still breastfeeding.

The Regen treatment, is designed to tighten and smooth that post-baby bulge using completely harmless radio frequency waves.

### **Here's the science bit ...**

Tri Polar technology directs the energy directly at fatty tissues, increasing the temperature of the fat cells in the hypodermis both at the superficial layer and deeper. This rise in heat speeds up the metabolism and heightens the release of liquid fat from fat cells.

After the liquid has been drained, the cells shrink in size and the skin appears smoothed and tightened.

The three-pronged applicator is totally painless and means a large area can be treated at once. It is non-invasive but allows the radio frequency waves to reach deeper into the skin, heating it inside and out. There is no discomfort or damage to the skin.

### **So how does it feel?**

Baby Expert tested the Regen treatment and can confirm it is a totally painless, very relaxing way to try and tone up those flabby bits. It took around 45 minutes, during which time the applicator glides smoothly over the skin, warming you up from within.

My deep muscles definitely felt as though they'd had a bit of a work-out.

There is a cumulative effect with Regen treatment, and recommends a course of 6-8 treatments for best results.

For more information call Pasha on 020 7226 6560 or visit [www.tripollar.com](http://www.tripollar.com)

